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Bangalore Mirror

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In the age of misinformation, some individuals try to explain to people from marginalised, economically backward communities that all that you read or hear is not true

TRUE LIES

Women trained in information literacy get equipped against fake news

Iffath.Fathima
@timesgroup.com
TWEETS @BangaloreMIRROR

A message purportedly sent from a doctor started doing the rounds recently. The message indicated that cancer can be prevented by stopping the intake of sugar. With no scientific basis, this message was circulated and forwarded at great frenzy with many believing that they had found the answer to cancer prevention.

Such messages are a call to action for Nandini Menasagi, a media literacy trainer at Factshala.

The excess information on social media platforms has made it extremely difficult to identify what is true and what is not. This problem is particularly stark when it comes to the underprivileged and people from oppressed communities. In order to raise awareness on this, Menasagi has been carrying out information literacy workshops for women so that they become self-reliant in avoiding the dangers of fake news or misinformation.

Over 20 members from a self-help group in Mahadevapura of the Puratana Shri Gangamma Devi Mahila Swasahaya

CONTINUED ON PAGE 8 »

PIC FOR ILLUSTRATIVE PURPOSES ONLY

> **Women are often the target of false information regarding nutrition, health, and beauty advice that can impact their health as well as their self-esteem and body image**
>
> — Nandini Menasagi, media literacy trainer

CUT TO THE CHASE
Filmy way to bust inter-state drug cartel

PAGE 3

POVERTY LINE
'Only 1.5% of B'luru's population is poor'

PAGE 6

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3 THINGS TO DO

01 Kathak notes

Riddham Kathak School is all set to celebrate its 10 years of journey through an evening of classical dance, 'Gati Dus'. The event features the school's founder, Smt Sampada Pillai, and her disciples, taking you through their years of Kathak journey. **Where: Seva Sadan, 14th Cross, Malleswaram; When: Friday, July 28; 5:30 pm onwards**

02 Classical steps

Grab the chance to watch Kumari Aditi Kishore perform a solo Bharatanatyam and Mohiniyattam on this Sunday at one of the most lively stages in the city. The event, Pragalbha, is being presented by Om Sri Sai Krupa Nirthya Dhama Temple of Fine Arts.
Where: Sri Krishnadevaraya Kalamandira Telugu Vignana Samhithi, Sankey Road, New Chowdiah Memorial Hall, Malleswaram
When: Sunday, July 23; 6 pm

03 Acts in play

Produced by Nalanda Arts Studio, Desdemona Roopakam is presented in English, Kannada, and Tamil with English subtitles. This theatre play is about the feminist narratives of the most renowned writer, Shakespeare's Othello, and a few Indian mythologies. The piece is directed by Abhishek Majumdar. **Where: Jagriti Theatre**
When: Saturday-Sunday, July 29-30

Right is right

Members of Karnataka Zonal Raitha Sangha at a protest, demanding support for coconut growers, in B'luru on Monday; Guest Teachers Association held protest in city on Wednesday; Members of Footpath Vendors Association protest at BBMP office

This month is a time for solemn remembrance

Muharram starts in India, Muslim community remembers sacrifices and teachings; processions, prayers, and charitable acts to mark mourning

Iffath Fathima
Iffath.Fathima
@timesgroup.com
TWEETS @BangaloreMIRROR

Muharram is the first month of the Islamic calendar, and the Islamic New Year falls on the first day of Muharram. The Islamic calendar is based on the lunar cycle, which is approximately 11 days shorter than the Gregorian calendar, and as a result, the dates of Muharram vary each year.

This year, Muharram in India will start on Wednesday, July 19. The month of Muharram is very holy for the Muslim community. It is a period of mourning and reflection, and Muslims during this month don't indulge in any festivities or joyful activities.

It is a month of introspection and devotion. During this month, warfare is forbidden. The Shia Muslims perform matam; the Arabic term matam means an act of mourning.

Men and women congregate on the 10th day of Muharram, and a procession starts from Hussainiya. Chest-beating and flagellation are done during the mourning procession. Shia Muslims begin mourning on the first night of Muharram and continue for the next ten nights, ending on the 10th of Muharram, known as the day of Ashura. On this day, Imam Hussein ibn Ali, the grandson of the Prophet Muhammad, was killed in the battle of Karbala.

It was during this month that Prophet Muhammad migrated from Mecca to Medina, which is known as Hijra. The migration was significant in Islamic history as it provided a safe haven for Muslims and kicked off a new era of growth and prosperity for the Islamic community. Muslims start the New Year by praying in mosques for well-being. Many Muslims choose to fast on the day of Ashura.

Muslims in India, be they Sunnis or Shias, don't watch movies or participate in any joyful entertainment programmes during this month, particularly on the first 10 days. It is commemoration time, and the Muslim community spends most of its time offering prayers and reading the holy Quran. In the first 10 days of Muharram, meat is not cooked in Shia households. No Muslim marriages are conducted this month.

The Sunnis observe the fast in the evening, the Bengaluru Sunnis have Kichda, a dish made from seven dals and mutton for dinner

It was during this month that Prophet Muhammad migrated deom Mecca to Medina, which is known as Hijra

In Bengaluru, Muharram is observed in many parts of the city. With a significant Shia Muslim population, processions on the 10th day take place in various mohallas; the Arab Lines one tops the list and is done with great fervour.

Shia Muslims dressed in black attend prayer meetings, referred to as Majlis, and most Majlis on Arab Lines in Richmond Town are full with men, women, and children attending and participating in the ritual.

On the first 10 days of Muharram, apart from poor feeding, the Sunnis offer charities to the differently abled people housed in many localities.

On this day, the Sunnis observe fasting, and after breaking the fast in the evening, the Bengaluru Sunnis have Kichda for dinner.

A delicacy made from seven different dals and mutton. Kichda, like Muslim biryani, is the most sought-after dish all across the country.

Reel life helps real drug bust

Inspired by the movie 'Pushpa', CCB goes undercover, busts inter-state narcotics ring

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

In a unique display of undercover work, the Central Crime Branch (CCB) managed to apprehend drug peddlers in the city. They successfully busted an inter-state narcotics ring responsible for a marijuana operation worth Rs 12 crore.

Police sources said that the peddlers behind this operation seemed to have taken cues from the popular Telugu film 'Pushpa' to orchestrate their plan. A police source said, "For over two months, a team of 18 officers from the CCB went undercover with unkempt beards, disguising themselves as locals, and stationed themselves along the borders of Andhra Pradesh and Odisha. Their mission was to infiltrate the secretive world of drug trafficking, just like characters in the movies. The team strategically chose officers fluent in Telugu to blend in seamlessly with the locals. They even rented an Andhra Pradesh registered vehicle. For three weeks, they submerged themselves in the dense forests, tirelessly mingling with the community to gather valuable intel on the main culprits, Chandrabhan Bishnoi and Lakshmi Mohandas."

The operation commenced with the officers cautiously buying small quantities of marijuana from Das, gaining his trust. As they earned his confidence, they cleverly convinced him that they were interested in buying in bulk, effectively luring him into their trap. Before long, the police had both Bishnoi and Das in custody, putting an end to their illicit operation.

"To evade suspicion during transportation, they ingeniously modified their goods vehicle by creating a secret compartment beneath the chassis to conceal the marijuana. They stacked empty carton boxes on top, creating a perfect decoy that deceived any prying eyes, even those of the local police. The operation not only uncovered the vast marijuana plantations flourishing within the forests around Visakhapatnam but also exposed the extent of the duo's illegal drug supply network that stretched across Bengaluru and even other southern states," said an officer.

Police sources said that Bishnoi, originally from Rajasthan, had humble beginnings in Visakhapatnam, starting with small-time work before embarking on a more lucrative, albeit illicit, venture of marijuana supply.

Bishnoi, aged 24, and Mohandas, aged 23, both hailing from Andhra Pradesh, have been apprehended by the police. Their criminal journey began as mere buyers before transforming into sellers by leveraging their vast networks.

The duo could have been arrested earlier when a vehicle carrying a considerable quantity of marijuana got stuck in a collapsed road. Local police intercepted the vehicle but were outwitted by the peddlers, who managed to escape by claiming they were merely transporting e-commerce goods. It was only with the help of a crane that the vehicle was finally retrieved. The activities of the drug racket came to light on June 22 when Salman Pasha was caught selling marijuana at the Mysore Road toll gate. Acting upon the information provided by him, a police squad embarked on a three-week hunt to track down the ring's remaining members.

Cops bust alleged terrorist plot

Ahna Prakash
c-ahna.prakash
@timesgroup.com
TWEETS @BangaloreMIRROR

Bengaluru police have reportedly foiled a terrorist plot after arresting five alleged terrorists on Wednesday.

Acting rapidly in response to intelligence inputs, the Central Crime Branch (CCB) of the Bengaluru police reportedly captured the suspects who were thought to be involved in a plan to launch a massive explosion.

The five accused, identified as Sayed Suhel, Umar, Junaid, Mudasir, and Jahid, were in Parappana Agrahara Central jail for a murder case in 2017, where they came into contact with the terrorist.

A CCB squad located the offenders' whereabouts after receiving the information, said the authorities.

The primary suspect, Junaid, is missing. He was detained in 2017 for a murder he and 21 other people carried out in RT Nagar. In the Sandalwood case, Junaid was detained again in 2020, along with his parents. In 2021, a complaint was filed against Junaid under sections 399 and 402 (planning and gathering to commit dacoity), but he eluded capture before then.

While residing abroad, Junaid kept in touch with the suspect and planned terrorist-related operations in the city. He allegedly shipped the gang money and the necessary explosive ingredients from abroad, according to a police officer.

While incarcerated in 2017 and in communication with the 2008 Bengaluru explosion suspect T Nasser, Junaid was influenced by him. Nasser belonged to the LET, or Lashkar-e-Taiba. Police believe that LET may be implicated in the present conspiracy, along with a few other groups.

The CCB has seized seven country-made handguns, 45 rounds, walkie-talkie sets, a knife, and 12 cell phones. The people detained are between the ages of 25 and 35. According to a source, Junaid's father was aware of some of his activities.

A case has been reported under the Unlawful Activities Prevention Act at Hebbal Police station. Additionally, police recovered guns and bomb-making supplies. Officials said that they are continuing to investigate the matter.

Ramya goes legal over film promo

Ramya, also known as Divya Spandana, a former MP and Kannada actor, recently submitted a legal notice to the production team of the movie 'Hostel Hudugaru Bekagiddare'. She stated that her images and videos were exploited for the promotion of the film without her permission. She is suing the cast and crew for Rs 1 lakh in damages.

According to sources, the notice has been sent to Gulmohur Films Private Limited, Zed Entertainment Enterprises Private Limited, Varun Kumar Gowda of Gulmohur Films Private Ltd, Nithin Krishnamurthy, the film's director, and others.

On Tuesday, the court issued an interim injunction.

The film, scheduled for release on July 21, includes cameo appearances from Rishab Shetty and Ramya. Ramya's legal notice has delayed the release of the movie, which comes as unexpected since she previously took part in the movie's promotional shoot.

-BMB

Student suicide: FIR against college

An FIR has been registered against the college in connection with the suicide of 19-year-old engineering student Aditya Prabhu. Girish Prabhu, the father of the deceased student, filed a complaint against PES College, the invigilator, and the staff, alleging that their son was mentally abused. Based on this complaint, an FIR has been registered under section 306 against the college at Girinagar police station.

Aditya, who was studying BTech at the college, was writing his first-year second-semester examination when he was caught using his mobile phone. Subsequent events led to him ending his life.

-BMB

From neglect to glory: Tribute to Kempegowda

Rotary Kanakapura Road, B.PAC transform black spot into quite a visual treat

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

In the surroundings of a dry waste collection centre at Balaji Layout of Hemmigepura ward in Kengeri Division, what was once a notorious black spot has been revitalised and beautified, thanks to the joint efforts of Rotary Kanakapura Road and Bangalore Political Action Committee (B.PAC). The transformation not only gives the area a clean and neat appearance but also sends a powerful message to those who have been polluting the environment.

The initiative to beautify the black spot was taken as a tribute to the revered historical figure, Nadaprabhu Kempegowda, and saw 13 dedicated volunteers working tirelessly throughout the day. The endeavour was part of the celebrations for Nadaprabhu Kempegowda Jayanthi, and it was also aimed at raising awareness among residents about the importance of sensibly managing waste and reducing plastic usage.

Anupama Gowda, the B.PAC Civic Leader of Hemmigepura Ward and a member of Rotary Bengaluru Kanakapura Road said, "We celebrated Nadaprabhu Kempegowda Jayanthi. We took up the beautification of the dry waste collection centre as a tribute to Nadaprabhu Kempegowda. I am very happy to be part of the team that beautified the dry waste collection centre."

She said the dry waste collection centre is situated in a residential area and it is necessary to keep it clean and neat. "Our objective is to make residents sensible and avoid using plastic. A few messages were written on the walls of the dry waste collection centre. I want to thank the volunteers of Smileys India who took up painting and drawings on the walls," she said, adding that the beautification of the black spot will avoid residents from throwing garbage near the dry waste collection centre.

Volunteers transform dry waste collection centre at Balaji Layout of Hemmigepura ward in Kengeri. This area that was an eyesore just days ago has been spruced up entirely now

> **"Our objective is to make residents sensible and avoid using plastic. A few messages were also written on the walls**
> – Anupama Gowda, B.PAC

"I am very happy to be part of the team that beautified the dry waste collection centre. My daughter and son have also participated in the beautification programme," said Shoaib Abbas, Rotary Bengaluru Kanakapura Road Secretary. He shared his enthusiasm about the project and explained that the walls of the waste collection centre were in dire need of sprucing up.

The volunteer group, Smileys India, founded in 2011, played a crucial role in the transformation. Vishnu Soman, one of the founders, highlighted that this was the first time their group had beautified a dry waste collection centre. "Our volunteer group – Smileys India – provides an opportunity for people to participate in beautification programmes. We have beautified a few government schools and anganwadi centres apart from public places," said Vishnu. BBMP Solid Waste Management assistant executive engineer, Poornima, lauded the collective effort of the volunteers "13 volunteers have joined hands to beautify this black spot. They began painting walls at 10.30 am and completed the beautification of the black spot by 6.30 pm," said the assistant executive engineer.

The transformation of the once neglected dry waste collection centre into an aesthetically pleasing tribute to Nadaprabhu Kempegowda serves as a shining example of community-driven initiatives towards environmental preservation and beautification.

Overflowing drains in rain: These service roads are unbearable

Abhijeet Kabad
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

Taking the highway to the airport might be without any woes, but that is not the case on the service roads beside it, due to water logging resulting from overflowing drains. Along with difficulties caused due to metro construction underway and narrow roads, the rains add to the woes of the commuters in the area. Every time it rains, people staying around find it very difficult to travel, with the drains overflowing.

KC Das, a security guard at the apartment, said, "The drainage gets full and the water starts to overflow onto the roads. With the metro construction happening, the road is too narrow for vehicles to pass from both sides. The only solution to this is either the traffic has to be allowed only on one way, or the drainage has to be cleared for the passage of water."

Ramesh, one of the residents of that area, said that there is an unbearable stench and roads are difficult to cross on a two-wheeler during heavy rainfall as water collects high. The nearby drainage system is blocked and urgently requires proper cleaning and maintenance, he said.

Rain leaves areas of Vidhya Nagar waterlogged

Atul Preet, another resident, said that it's a big hassle to go to the office because of the stench. "Apart from the rains, the drainage water accumulated at the metro construction area, and garbage thrown on the other side of the road stinks and is unbearable at times."

Vishwanath, a shopkeeper in the area, said that his business is affected severely due to water logging. "All the water from the drainage fills up on the roads. Before the metro construction, there were spaces for the water to pass. But post the start of construction, neither the water flows nor the traffic moves efficiently." He added that people cannot park their vehicles due to the narrow roads, due to which his business has taken a tremendous hit.

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Neglected car

Basaveshwara Nagar

An abandoned car left unattended for over two years, causing garbage accumulation and foul smell in KEC Colony, off Water Tank Road, Basaveshwara Nagar.

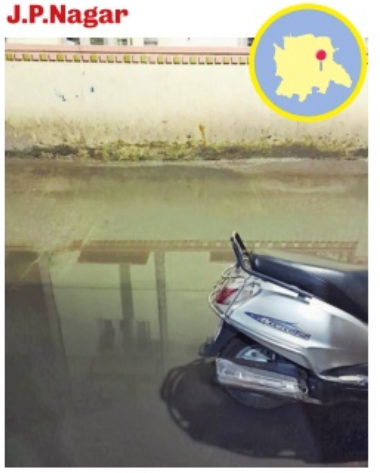
Footpath Obstructed

Kammanahalli

Advertisement blocks Kammanahalli main road sidewalk causing difficulty for pedestrians.

Water woes

J.P.Nagar



Poor road infrastructure causing rainwater accumulation and hindering flow in the New white-topped road behind Siddeshwara Theatre, J.P. Nagar 6th Phase near Trishul School.

Drone survey overcomes urban airspace challenges

| Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

A joint initiative between Bruhat Bengaluru Mahanagara Palike (BBMP) and an IISc startup has commenced a unique and detailed drone-based survey of street dogs in the city. The survey, which began on July 11 2023, aims to count and analyse the population of free-roaming dogs around Bengaluru's lakes.

VayDyn, a startup based at ARTPARK IISc (Artificial Intelligence & Robotics Technology Park, Indian Institute of Science), has collaborated with BBMP for this pilot project. The innovative use of drones for canine surveying is a pioneering effort in India.

The initial phase of the pilot project focused on Hulimavu, Sarakki, Seegehalli, and Yele Mallappa Shetty Lakes serving as proof-of-concept sites. Utilising artificial intelligence, the drones captured images of street dogs, enabling successful identification and tracking. The data collected from the drone survey will be analysed and cross-validated with information gathered through conventional ground surveys. If the results align, the team plans to expand drone surveys to cover all safe and open flying spaces in the city, as it offers a time and cost-efficient alternative to traditional survey methods. Moreover, the ability to conduct surveys during both day and night enhances its applicability and effectiveness.

Drone operations promise improved technology

"During the pilot project, the team encountered challenges concerning drone operations in urban airspaces, particularly related to airspace regulations and safety. However, they remain optimistic that advancements in indigenous technologies, such as autonomous drones and improved onboard camera systems, can pave the way for scaling up such operations in urban areas. This could open doors to various applications, including disease surveillance, construction inspections, encroachment monitoring, and disaster management," said an official.

The drones capture images of the dogs, identify and track them.

Meanwhile, BBMP's comprehensive dog survey will cover all 243 wards of the city, encompassing an area of 166.7 square kilometres out of the total 840 square kilometres. The enumerators comprise 70 officials from the Department of AHVS and 30 officials from BBMP's Animal Husbandry department.

Advancements in indigenous drone technologies offer promising solutions for diverse urban needs

The sight-resight study involves a pair of surveyors travelling on a two-wheeler through all parts of allocated microzones and recording details of every dog they encounter. The final number will be extrapolated to estimate the total number of street dogs in Bengaluru. Researchers have identified 1,360 micro-zones, with 772 located in commercial areas, 209 around lakes, 207 in slum areas, and 172 classified as others.

This survey is being conducted after a gap of five years and will help analyse the effectiveness of the ongoing (ABC/ARV) program by the civic agency. The last survey conducted in 2019 estimated 3.1 lakh stray dogs in Bengaluru. Prior surveys recorded 1.85 lakh dogs in 2012 and 1.83 lakhs in 2007. The survey's outcome will estimate the number of stray dogs in the city .These results will guide the implementation of effective population control measures, such as spaying and neutering programs. Each team will be assigned four microzones per day, and over the first seven days, each team will survey 28 zones, recording sightings of stray dogs in the designated areas. During the subsequent seven days, the same team will revisit the same 28 microzones, resighting the stray dogs and entering the data into the designated WVS application. The recorded data will include information such as gender, lactation status (for females), number of puppies, and whether dogs are neutered or unneutered.

The sampling methodology for the survey has been formulated by scientists from the ICAR-NIVEDI. To determine microzones, BBMP's 243 wards were divided into grids of 0.5 square kilometres, resulting in 6,850 grids. 1,360 grids were to serve as sampling points for the survey.

ADVERTORIAL

Starya Mobility and EXEDY Corporation Collaborate to Revolutionize

Electric Mobility in India

Starya Mobility and EXEDY Corporation have announced a strategic collaboration aimed at transforming the Indian electric vehicle (EV) market. The partnership will focus on developing advanced electric propulsion kits to enhance the efficiency and performance of EVs. This collaboration highlights the growing importance of electric propulsion in the pursuit of sustainable mobility and the urgent need to reduce carbon emissions.

Starya Mobility specializes in cutting-edge electric propulsion kits designed to retrofit conventional vehicles into EVs. These kits integrate advanced electric motors, battery systems, power electronics, and control software seamlessly into existing vehicle platforms. Starya Mobility offers electric propulsion kits for gearless IC Engines, enabling the conversion of conventional gearless IC engine scooters into fully electric vehicles. Additionally, their upcoming product lineup will cater to the electrification needs of the commercial vehicle sector, facilitating the transition of three-wheelers and small utility vehicles to electric power in international markets.

Mr. Tetsuya Yoshinaga, President and C.E.O of EXEDY Corporation said that the collaboration aimed to drive the electrification revolution forward by combining EXEDY Corporation's automotive expertise with Starya Mobility's electric propulsion technology. Co-founder and CEO of Starya Mobility, Mr. Ravi Kumar said that this collaboration will help in accelerating the adoption of electric mobility and contribute to a cleaner and greener future. Mr. Gowrav, Co-founder and C.T.O of Starya Mobility highlighted the game-changing nature of their electric propulsion kits in the EV and retrofit market, empowering vehicle owners to transform their existing vehicles into sustainable electric alternatives. Mr. Bharath Rao, Co-Founder and CFO of Starya Mobility, emphasized their commitment to driving the transformation towards electrification and envisioning a future where electric vehicles become the norm.

Just 1.5% of B'luru's population is poor

B'luru has third-lowest number of poor people, Yadgir tops poverty list in K'taka: NITI Ayog

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

The IT capital of India has achieved a new feat. The poor in the city make up less than 1.5 per cent of its population. Currently, Bengaluru has the third-lowest number of poor people in Karnataka, as per the latest report on the Global Multidimensional Poverty Index (MPI).

According to the report by NITI Ayog, 1.47% of the poor live in Bengaluru. The report has sourced data from the NFHS5, and it says the number of poor people in the city has come down from 2.05% to 1.47%. Overall in the state, Ramanagar has the lowest poverty index (just 0.88% of poor people), followed by Bengaluru Rural (0.99%). The highest number of poor people in the state is from Yadgir district (25.38%). If we compare Bengaluru with other cities, in Mumbai, the poor constitute 1.21% of the population; Delhi has 3.43%; Chennai has 1.03%; Hyderabad has 2.52%; Kolkata has 2.56%.

The report states, "Home to one-sixth of humanity and to more young minds than any other country, India plays a decisive role in Agenda 2030. At the core of India's development agenda is the elimination of poverty in all its forms, ensuring that no individual is left behind. Historically, poverty estimation has predominantly relied on income as the sole indicator. However, the MPI, based on the Alkire-Foster (AF) methodology, captures overlapping deprivations in health, education, and living standards. It complements income poverty measurements because it measures and compares deprivations directly. The global MPI Report is jointly published by the Oxford Poverty and Human Development Initiative (OPHI) and the United Nations Development Programme (UNDP)."

According to the report, the number of poor people in Bengaluru has come down from 2.05 per cent to 1.47 per cent

The emphasis of the GIRG initiative is not only to improve the country's performance and ranking in the global indices but also to leverage the indices as tools for driving systemic reforms and growth. In this context, NITI Aayog, as the nodal agency for MPI, has been responsible for constructing an indigenised index for monitoring the performance of states and union territories in addressing multidimensional poverty. In order to institutionalise this, NITI Aayog constituted an inter-ministerial MPI Coordination Committee (MPICC), including Ministries and departments pertaining to areas such as health, education, nutrition, rural development, drinking water, sanitation, electricity, and urban development, among others.

> **"Home to one sixth of humanity and to more young minds than any other country, India plays a decisive role in Agenda 2030. Agenda is the elimination of poverty** –report by NITI Ayog

"As a result of extensive consultations held within the MPICC, the dual-cutoff approach of the AF methodology—the one used in the Global MPI Report—was considered suitable for the national MPI. The national MPI model retains the ten indicators of the global MPI model, staying closely aligned with the global methodology. It also adds two indicators, viz., maternal health and bank accounts, in line with national priorities," the report said, adding that like the global MPI, India's national MPI has three equally weighted dimensions—health, education, and standard of living—which are represented by 12 indicators.

The MPI estimates highlight a near-halving of India's national MPI value and a decline in the proportion of the population in multidimensional poverty from 24.85% to 14.96% between 2015-16 and 2019-21. This reduction of 9.89 percentage points in multidimensional poverty indicates that, at the level of the projected population in 2021, about 135.5 million people have exited poverty between 2015–16 and 2019–21.

Disparities across rural and urban areas

While disparities in multidimensional poverty still exist between rural and urban areas, with the proportion of multidimensional poor in 2019–21 being 19.28% in rural areas compared to 5.27% in urban areas, the reduction in the MPI value has been pro-poor in absolute terms.

CID to probe Jain monk murder

Karnataka Chief Minister Siddaramaiah on Wednesday announced a Crime Investigation Department (CID) probe into the brutal murder of a Jain monk in Belagavi district earlier this month.

The opposition BJP and a section of the Jain community had demanded a CBI probe. "As the case is sensitive and following public requests, the investigation into this case will be transferred to CID," Siddaramaiah said, making a statement in the Legislative Assembly and sharing details of the incident and probe so far.

Jain monk Kamkumar Nandi Maharaj from Nandi Parvat Ashram at Hirekodi village in Chikkodi taluk was allegedly murdered and his body dumped in a borewell pit at Khatakbhavi village in Raibag taluk.

File photo: Jain community staged a protest against the killing of a Jain monk of K'taka, in New Delhi

Police have arrested Narayana Basappa Madi and Hassan Dalayath in connection with the case.

The Opposition BJP had staged protests both inside and outside the Assembly demanding a CBI probe into the murder and had also petitioned Karnataka Governor Thaawarchand Gehlot in this regard.

The chairman of the National Commission for Minorities had recently written to the Chief Minister, asking him to entrust the investigation into the murder to a very senior officer of the rank of Inspector General of Police to "unearth the conspiracy" and arrest the "real criminals". –PTI

Assembly Speaker suspends 10 BJP MLAs

Bangalore Mirror Bureau
mybangaloremirror@timesgroup.com
TWEETS @BangaloreMirror

On Wednesday, chaos erupted in the Karnataka Legislative Assembly as ten BJP MLAs were suspended from the session by Speaker UT Khader. The suspension will last for the remainder of the ongoing session due to their "indecent and disrespectful conduct" in the House. The suspended MLAs were CN Ashwath Narayan, V Sunil Kumar, R Ashoka, Araga Jnanendra (all former ministers), D Vedavyasa Kamath, Yashpal Suvarna, Dheeraj Muniraj, A Umanath Kotian, Arvind Bellad, and Y Bharath Shetty. The Assembly session commenced on July 3 and is scheduled to conclude on July 21.

The Speaker's decisive action came after the House was marred by unruly scenes, with some BJP members tearing copies of bills and the agenda and throwing them at the Chair. Their outrage stemmed from the Speaker's decision to proceed with House proceedings without a lunch break. The bedlam occurred against the backdrop of the BJP's protest against the Congress government, accusing it of "misusing" IAS officers for a recent meeting of opposition leaders from across the country held in Bengaluru.

Following the suspension, BJP MLAs, including former Chief Minister Basavaraj Bommai, were detained and taken to the Vidhana Soudha police station for staging a demonstration outside the Karnataka Assembly, expressing their opposition to the suspension of the ten party legislators. During the protest, former Chief Minister HD Kumaraswamy also briefly joined the BJP members. Bommai vehemently criticised the suspension, labelling it "illegal" and a "murder of democracy." He further alleged that the Siddaramaiah government has adopted a "dictatorial" attitude, attempting to suppress the voice of the opposition. He emphasised that the issue would be brought to the attention of the public, raising awareness of the situation.

HD Kumaraswamy and BJP MLAs, including Basavaraj Bommai staged a protest against the suspension of 10 BJP MLAs from the Assembly session, at Vidhana Soudha on Wednesday

11 parties on fence as BJP, Cong sew up pacts

3 of the fence-sitters rule large states – Andhra Pradesh, Telangana and Odisha – that send 63 members to Lok Sabha

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18TH JULY 2023, NEW DELHI
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Tuesday was a hectic day for politicians as opposition parties came together and so did NDA members

#New Delhi

While 65 parties have joined either the BJP or the Congress-led coalition, there are at least 11 more with a total 91 members in Parliament who have chosen to stay neutral for now in the high-stakes general elections next year.

Three of the fence-sitters rule fairly large states – Andhra Pradesh, Telangana and Odisha that together send 63 members to Lok Sabha -- where the Congress or other opposition parties have been pushed to the margins.

The Congress and 25 other opposition parties on Tuesday unveiled the Indian National Developmental Inclusive Alliance (INDIA) to take on the BJP-led NDA, which now has 39 parties.

The parties that are part of the neither grouping are: YSR Congress Party (YSRCP) Biju Janata Dal (BJD), Bharat Rashtra Samithi (BRS), Bahujan Samaj Party, All India Majlis-E-Ittehadul Muslimeen (AIMIM), Telugu Desam Party (TDP), Shiromani Akali Dal (SAD), All India United Democratic Front (AIUDF), Janata Dal (Secular), Rashtriya Loktantrik Party (RLP) and SAD (Mann).

The YSR Congress Party (YSRCP), which swept the elections in Andhra Pradesh in 2019, and the Biju Janata Dal (BJD), which has been ruling Odisha since 2000, have largely voted in favour of the BJP-led government in the Parliament.

The Bharat Rashtra Samithi (BRS), which has been ruling Telangana since it was carved out of Andhra Pradesh in 2014, had taken the lead in exploring the possibility of an opposition alliance earlier this year, but is not part of the newly formed coalition.

Mayawati-led BSP, which has nine members in the Lok Sabha, is also out of the opposition alliance. The BSP, which ruled Uttar Pradesh four times, has announced it would go it alone in the Lok Sabha elections next year and the assembly elections in Madhya Pradesh, Rajasthan, Chhattisgarh and Telangana.

"We have to ensure that there is a 'helpless' (majboor) government and not a strong government at the Centre. Only this would ensure that the interests of the poor, dalits, adivasis, oppressed and minorities are upheld even if the BSP doesn't come to power," Mayawati said in a statement here.

BJD supremo and Odisha Chief Minister Naveen Patnaik slammed the BJP for not giving adequate support to the state in central schemes and has asked party MPs to raise the issue vociferously in the Monsoon Session of Parliament beginning Thursday.

Asaduddin Owaisi-led AIMIM, which has also been left out of the opposition alliance, said the party was being treated as a "political untouchables". The AIMIM has a sizable presence in Hyderabad and surrounding areas in Telangana and is seeking to expand in states such as Maharashtra, Uttar Pradesh, Bihar and Karnataka. **PTI**

15 electrocuted at Namami Gange project site in Uttarakhand

#Gopeshwar/Dehradun

Fifteen people were electrocuted and seven injured on Wednesday at a sewage treatment plant of the Namami Gange project on the banks of the Alaknanda river in Uttarakhand's Chamoli district, police said.

Superintendent of Police (Chamoli) Pramendra Dobhal said the police went to the spot to prepare a report on the electrocution late on Tuesday of a person working on the project site.

Around 11.30 am, a surge of electricity passed through a metal railing installed on the plant premises, killing 15 and injuring seven. It is still being ascertained how it happened, he added.

Dobhal said police sub-inspector Pradeep Rawat and three home guard personnel were among the 15 people killed. Several of the victims died on the spot.

Chief Minister Pushkar Singh Dhami, who has left for the site to take stock of the situation and meet the victims' families, expressed grief. He has announced a magisterial inquiry and a compensation of Rs 5 lakh to the kin of each victim and Rs 1 lakh each to the injured.

Ordering the inquiry, Dhami said strict action will be taken against those found guilty. **PTI**

SC grants regular bail to activist Teesta Setalvad

#New Delhi

The Supreme Court on Wednesday ordered that activist Teesta Setalvad shall remain on bail in a case of alleged fabrication of evidence in relation to the 2002 Gujarat riots.

A special three-judge bench of Justices BR Gavai, AS Bopanna and Dipankar Datta ordered that Setalvad shall not make any attempt to influence witnesses in the case and keep away from them.

"If she influences (witnesses), prosecution can move Supreme Court directly for cancellation of bail," the top court said.

Granting regular bail to Setalvad, the apex court quashed the Gujarat High Court's order that rejected her regular bail and asked her to surrender immediately.

The bench said since charge sheet has been filed and her custodial interrogation completed, she should be granted bail.

"Since most of the evidence is documentary and since charge sheet is filed we do not find that her custodial interrogation is needed," the apex court in its order stated.

Setalvad on July 1 approached the Supreme Court after the Gujarat High Court rejected her regular bail and asked her to surrender immediately. Thereafter, the apex court granted her interim protection from arrest.

The bench also made scathing remarks against Gujarat High Court for rejecting Setalvad's bail plea, saying High Court had "interestingly" observed that since she had not challenged the FIR and chargesheet under Section 482 of the Code of Criminal Procedure (CrPC) or Articles 226 or 32 of the Indian Constitution, she could not claim that a prima facie case was not made out.

Since most evidence is documentary and as charge sheet is filed, custodial interrogation not needed: Apex court

The bench remarked that if the observation of the High Court was accepted, then no bail plea can be decided pre-trial without challenging the chargesheet under articles 226 or 32 of the Constitution or Section 482 of CrPC. **ANI**

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Believe it or not, there is a way to find out

CONTINUED FROM PAGE 1

Sangha were recently trained on the fundamentals of information literacy by Menasagi.

During this training, women learnt about the informational environment, different sources of information, how to critically evaluate fake news, and a few simple Google tools like keyword search, reverse image search, and Google Lens. In addition, they were also handed a fake news identification tip sheet to carry home.

Menasagi told BM, "Women are often the target of false information regarding nutrition, health, and beauty advice that can impact their health as well as their self-esteem and body image. Housewives often rely on their family members for financial stability. The little money they receive for their own use is frequently a target of fraudulent investment schemes. In the age of AI and deep fakes people easily fall for fake news. Encouraging women to think critically for spotting fake news helps to save them from such potential risks."

Menasagi illustrated the message about stopping cancer by giving up sugar. "There was no information on the source of the news. It was forwarded multiple times and wasn't authentic. However, many people started to

believe it. We have the awareness that such news need not be believed as it is not verified and there is no proof to the findings," she said.

According to her, many people also fall for any bank-related fake news and invest in fraudulent schemes that can offset their economic condition further. "This is why it is important to raise awareness in such communities," said Menasagi.

After the first workshop, when women get into the mode and understand that fake news needs to be ignored, the next target is to spread awareness among the senior citizens, daily wage earners, waste pickers, shop keepers, domestic helps and more.

"Though this group is not much into social media, they tend to get false information through messages and even orally. Many fall for this fake news and end up believing it which creates a problem for them. So, we will also conduct dramas and street plays to gain more traction in the community and reach out on a larger scale," Menasagi said.

Majula, who participated in the information literacy workshop, admits that she had no idea that so much misleading information was being circulated on a daily basis.

"I believed that what I received on WhatsApp was always true. I now realise that it is important to observe and check what others sources say about the message before I believe and forward it to other people," she said.

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I, RAKHI AVINASH BELLUBBI, D/o AVINASH PRALHAD RAO BELLUBBI, resident at Flat B2-4147,14th Floor, Sobha City Casa Paradiso, Block 4, Thanisandra Main Road, RK Hegde Nagar, Bengaluru - 560077, have changed my name as RAKHI BELLUBBI, vide affidavit dated 19.07.2023 sworn before notary Y.V.Shankar, Bengaluru.

I, Afsar Pasha Mohammed Wazeer R/at 42/1 Adikaber Ashram b'lor-32 have changed my name to Afsar Pasha for all purposes.

I, SAMBIT ROY ROY, S/o ABHIJIT ROY, Resident at Flat B2-4147,14th Floor, Sobha City Casa Paradiso, Block 4, Thanisandra Main Road, RK Hegde Nagar, Bengaluru - 560077, have changed my name as SAMBIT ROY, vide affidavit dated 19.07.2023 sworn before notary Y.V. Shankar, Bengaluru

I,PARAM Varsha Amogha Varsha Marabe Shettru S/o AmoghaVarsha Marabe Shettru R/o 2593,5th main road, Kumara swamy Layout II stage Bengaluru 560078 have changed my name to Param Varsha Marabe Shettru for all purpose

I, Sharada Mohan D/O Revoor Lakshmi Narasimhaiah R/o 95 Mihira 4th Main 6th Cross Sapthagiri Layout Banashankari 3rd Stage Bangalore 560085 have changed my name to M Sharada Mohan for all future purposes

I Abishek Rufus Raj, S/o S. John Stephen Raj #12, Flat no. 304, 03rd Floor, SR Residency, Bell Town Layout, Varanasi Main Road, Jinkethimanahalli, Bangalore - 560036 have changed my name to J Abishek Rufus Raj.

I, Dammalapati Kaveri w/o Anil Boppana R/o B-101, Samvruddhi Gardenia, Railway parallel road, Near railway underpass Bengaluru 560092 have changed my name to Kaveri Boppana affidavit Dt.18/07/2023 notary Harisha G, B'luru

I, Jitender J S/o Jasraj Patel Rooparam R/o 48, A M Road , Kalasipalyam , B'lore-560002 have changed my name to Jitendar J Patel for all purposes

I Husain S/O, Bakir Khasamwala R/o No.8, 5th Cross, Vinayaka Nagar J P Nagar 5th Phase, Bangalore South, J P Nagar, Bangalore, Karnataka, 560078 have changed my name to Husain Bakir Khasamwala

I, Sreenivasan Murugappan R/o Golden Park Apartments, Phase 1 No 306 Kodichikkanahalli Bengaluru : 560076, have changed my minor son's name from Ishwar Murugaappan Sreenivasan to Ishwar Sreenivasan

I Asha Rao D/O, I V Rao R/o 3-215(44), Flat 311 Vishwas Thribhuvan Ponnechary Marpady , Moodbidri Karnataka - 574227 have changed my name to Asha Inoli Rao for all purposes.

I Bharathi Veeresh W/O, Veeresh.m R/o N0-476,opp Bank Of India, sonnappanahalli, Bettahalasur Post, Bengaluru-562157 have changed my name to Bharathi Narayanappa

I, Champa w/o Naveen Kumar GS R/o G3, #22, Dhruva Aurora, Ganganagar, RT Nagar Bangalore, I have changed my name to Champa Ayli for all future purposes.

I G Mahamad Shareef S/O, G Kareem Saheb R/o No 301 Nisarga Layout Hosakote Bangalore 562114 have changed my name to G Mohammad Sharif for all purposes.

I, Niranjan G Hegde S/o Ganapati V Hegde R/o 35, Halandara (Balekai), Siddapur Balekai, Tyagali, Siddapur, Uttara Kannada, 581340, declare that my name has been wrongly mentioned as Niranjan Hegde in my Paytm Money D-Mat, my correct name is Niranjan G Hegde

I Bhargava S Rao S/O, T B S Rao R/o 951e Akshada Ideal Homes Layout Rr Nagar Bengaluru South Bengaluru 560098 have changed my name to Bhargava Srinivasa Rao

I, Mohamed Ghouse Shafiulla S/o Mohamed ghouse R/o No-13 , 1st cross , Aditya Nagar , chikkabettahalli B'lore-560097 have changed my name to Mohammed Shafiulla.

I, asif pasha S/O S P S Anwar R/at chikkabalapur ka- 562105 have changed my name to S A Syed Asif Pasha for all purposes.

GENERAL

I Bipin S/O A Chandrahas Shetty R/O Vijaya Bank layout, Bannerghatta Road, Bangalore, state that Bipin Shetty, Bipin, Bipin C Shetty, Shetty Bipin A Chandrahas all belong to one and same person Bipin Shetty. Solemly affirmed & executed this affidavit on Govt of Karnataka Stamp paper No: IN-KA28445282925741V on 15.07.23

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TIES THAT WORK

Should you be friends with your co-workers? Here's what the research says

In my teens and twenties, I didn't think much about how important it was to like the people I worked with. At the time, I was working as a waiter at a Toronto diner and being friends with my colleagues was part of the experience.

But once I became a university professor and an executive educator, I realised the importance of workplace relationships. I now know that workplaces function better when colleagues have good relationships with one another.

These findings conflict with a common sentiment I've noticed in my 20-plus years of working with employees: believing it isn't necessary to be friends with your colleagues.

While this viewpoint is understandable, it isn't useful — especially when it comes to working alongside individuals you don't get along with.

Types of work friendships

About 30 per cent of North Americans say they have a best friend at work. The rest report having regular work friends.

It's useful to differentiate between different types of friendships, as not all relationships offer the same advantages. By specifying friendship types, and understanding the benefits of each, we can make informed decisions about whether investing in specific relationships is worthwhile.

Using previous psychological research about different types of workplace friendships, along with my experience working with thousands of managers and leaders, I have created four friendship categories for the workplace.

- Workplace best friend. This is a very close friendship with a colleague that is characterised by personal disclosure. Workplace best friends hold each other in high regard, exercising trust and honesty.
- Workplace close friendly. These are close friendships, but not quite at the level of the best friend. Most people in these relationships want to remain good friends, even if one person leaves the workplace.
- Workplace friendly. This relationship has some of the same qualities as above, but is less likely to persist beyond work. There is also usually less personal disclosure. In other words, it's the work buddy — the kind of person you grab a lunch or coffee with.
- Co-worker acquaintance. This refers to someone you might frequently see at work, but your interactions with them are limited to exchanging smiles or brief pleasantries.

Benefits of workplace friendships

Friendships at work provide enhanced innovation, feelings of psychological safety and compassion. When employers balance leadership and friendship with their employees, it encourages the vulnerability, adaptability and humility that is required in today's business environments.

Elton Mayo, one of the founders of modern organisational theory, recognised that opportunities for social-emotional connections at work were crucial for performance.

Merely sharing information with another person doesn't provide these opportunities though — an emotional exchange is needed. An emotional exchange requires being open about one's feelings and concerns, while an information exchange does not.

Because of these emotional exchanges, workplace friendships can be difficult. They require a significant time investment, as well as trust and disclosure, both of which can be daunting for some.

Which relationships are worthwhile?

Making and keeping friends at work has become increasingly important to people since the start of the pandemic. As remote and hybrid work have become more prevalent, friendships at work have taken on the crucial role of providing essential social and emotional support.

The workplace best friend relationship provides the most benefits because it provides the most opportunity for emotional exchanges between colleagues. These benefits include increasing happiness, productivity and motivation in workers.

But close relationships are difficult and exhausting to maintain, meaning these types of relationships are usually rarer compared to other types.

Workplace close friendly and friendly relationships are the most likely to provide these benefits without being too emotionally draining or hard to maintain.

Still, it's important to note that close friendly relationships face similar challenges as having a best friend at work — namely, a higher risk of personal conflict spilling over into work.

Co-worker acquaintances are the one type of workplace relationship that don't provide any of the benefits that come from having friends at work. If you want to get the most out of work, your best bet is to try and make friends.

Unfriendliness doesn't pay off

But what if you have a colleague you truly can't stand? Other than grinning and bearing their presence, you can make the choice to remove yourself. This could mean leaving the role or trying to distance yourself from that person without sacrificing your ability to perform.

While avoiding those you dislike can be helpful, it's often challenging to do at work. In addition, being unfriendly at work — either because forming friendships is too difficult or because you are avoiding a particular person — can make work less enjoyable and engaging.

Less-engaged employees find less meaning in their work and receive less opportunities for advancement. Unfriendliness can also lead to higher levels of loneliness and isolation, which can end up making you sick.

A new perspective

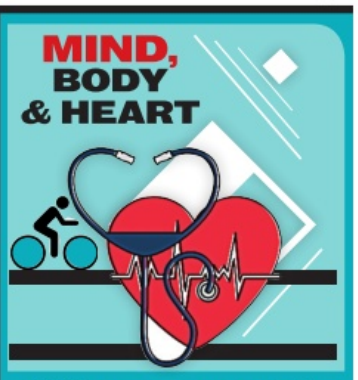
If you decide to maintain a friendly relationship with a colleague you dislike, there are some strategies you can use to maintain a productive working relationship with them. One of these strategies involves using positive reframing to change the way you think and interpret your colleague's behaviour.

Using metaphors to shift your perspective can be a helpful way to accomplish this. One particularly useful metaphor is likening your colleague to a book. When reading a book, even if it's enjoyable, there may be parts you dislike and overlook. However, you never dismiss the entire book.

Applying this metaphor to colleagues can help you highlight the parts about a person you like while letting go of the less desirable parts. It's important to recognise no one is perfect — in or outside of work.

While there will always be colleagues you don't care for, it can be empowering to know that with some reframing, you can help create a better workplace for yourself and those around you.

(By Stephen Friedman, York University, The Conversation)



All you need to know about...

Weekend exercise

Exercise for 2 days
Moderate-to-vigorous physical activity only one to two days of the week or at weekend can lower risks of heart disease and stroke similar to more evenly distributed exercise during the week, finds a study.

Weekend warrior pattern
Guidelines recommend at least 150 minutes of moderate-to-vigorous physical activity per week for overall health, but it's unclear if concentrated exercise can provide the same benefits as more evenly distributed activity.
The study published in JAMA found that adopting a "weekend warrior" pattern may be equally beneficial for people who find it difficult to find time to exercise during a busy work week.

Cardiovascular outcomes
"Our findings suggest that interventions to increase physical activity, even when concentrated within a day or two each week, may improve cardiovascular outcomes," said senior author Patrick T. Ellinor, acting chief of Cardiology and the co-director of the Corrigan Minehan Heart Center at Massachusetts General Hospital (MGH).

Study participants
The team examined data on 89,573 individuals who wore wrist accelerometers that recorded their total physical activity and time spent at different intensities for a full week. Among participants, 33.7% were inactive (less than 150 minutes of moderate-to-vigorous physical activity per week), 42.2% were active weekend warriors (at least 150 minutes with at least half achieved in 1-2 days), and 24% were active-regular (at least 150 minutes with most exercise spread out over several days).

Lower risk
After adjustments, both activity patterns were associated with similarly lower risks of heart ailments.

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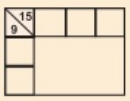
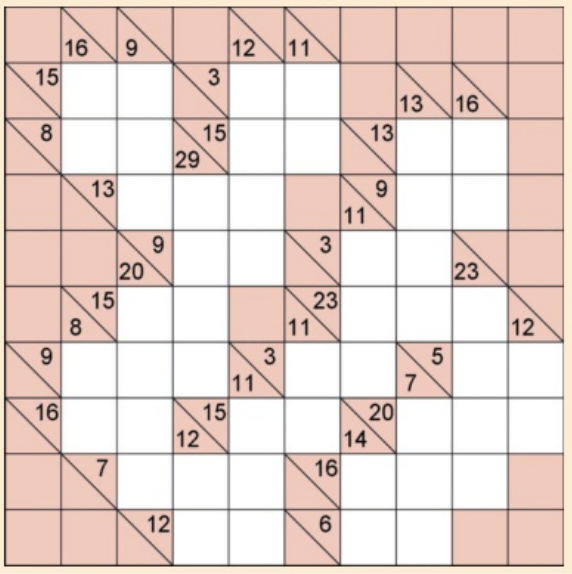
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

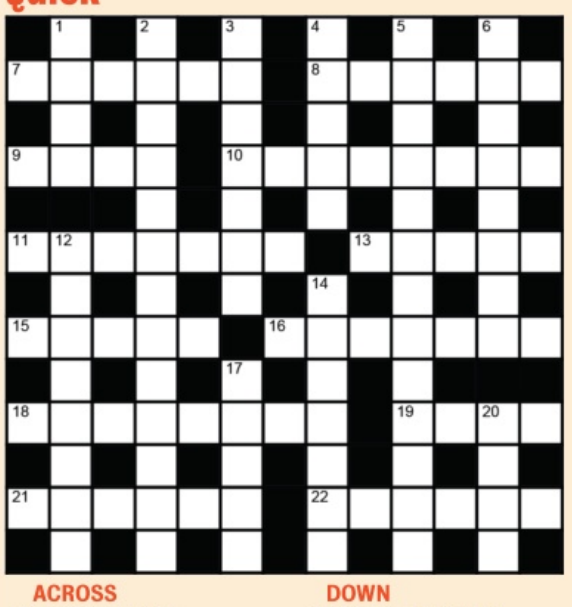


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Witty answer (6)
8 Sad and mournful, miserable? (6)
9 The city of Jerusalem (4)
10 Very well! (3,5)
11 Splinter group (7)
13 R2D2 for one (5)
15 Greek "k" (5)
16 Weigh down (7)
18 Tipu Sultan's father (5,3)
19 Feet of an animal (4)
21 Perused or went through again? (6)
22 Excessively (6)

DOWN

1 Himalayan myth (4)
2 Deteriorating completely? (5,2,6)
3 Bravo! Well done! (7)
4 Resided or stayed (5)
5 Compiler of a dictionary (13)
6 Pads on bad or sofa? (8)
12 Examined critically (8)
14 Juicy fruit (7)
17 Extols or praises (5)
20 Brick erection (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: F EQUALS P

PX TDWTXNC CKWXX-TDRWCKG DT DRWGXSIXG NE DWAXW CD LX SNVX DCKXW FXDFSX.

Linemaro

Only you, you're the only thing I'll see forever. In my eyes, in my words and in everything I do

Mindchow

Don't be afraid to go out on a limb. That's where the fruit is

Joke of the day

What came first, the fruit or the colour orange?

Loop

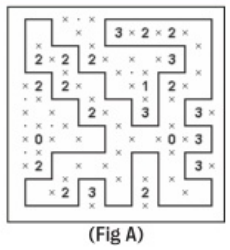
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

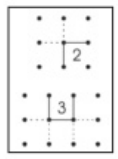
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

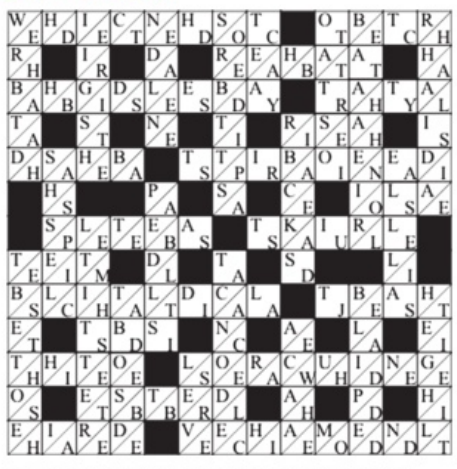


(Fig A)



(Fig B) Not Allowed

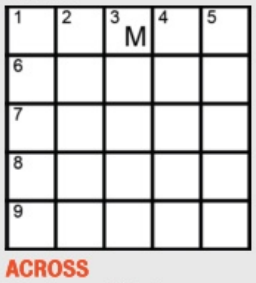
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

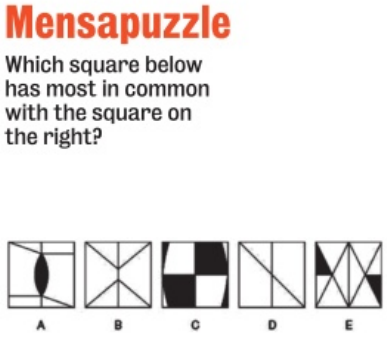
1 Bag ma; 6 Ragas; 7 So gas; 8 Emits; 9 Cathy

DOWN

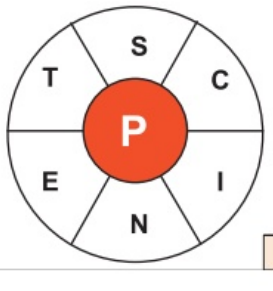
1 Say GS; 2 Am Aga; 3 Gamic; 4 Throb; 5 Tessa

Mensapuzzle

Which square below has most in common with the square on the right?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

15 Average; 17 Good; 19 Outstanding

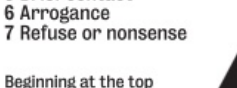
SudokuChallenge

					8	9	3	
9		5	2					
1			4		9		7	
6		4				7	1	
				8				
	7	3				8		2
	1		6		2			4
					3	5		9
	5	6	8					

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 17

4 7 7 7

Medium = 12

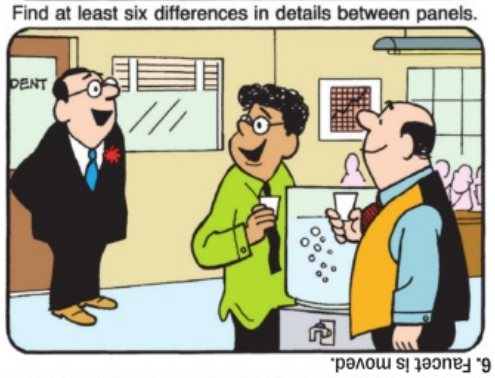
3 4 5 7

Hard = 12

2 7 8 5

Hocusfocus

Find at least six differences in details between panels.



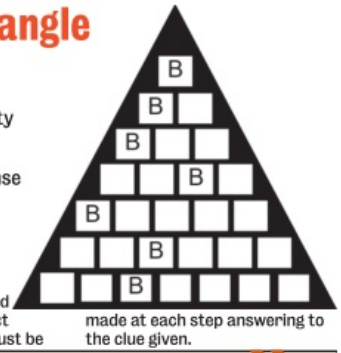
Differences: 1. Cup is larger. 2. Bottom of shirt is different. 3. Window is smaller. 4. Foot is moved. 5. Arm is not showing. 6. Faucet is moved.

Riddler

What does this message say?
GTYORJOTEOUIABGT

Alpha triangle

1 Second letter
2 Bushel, abbr.
3 Transit option
4 Centers of activity
5 Brief contact
6 Arrogance
7 Refuse or nonsense



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

I'M GOING TO PUT TANGLEFOOT OUT IN FRONT OF THE WAR PARTY TODAY
SO YOU FINALLY REALIZE HE'S GOT THE MAKINGS OF A GREAT LEADER?
NO...HE'S THE ONLY ONE WHO DOESN'T OWE ME MONEY FROM LAST NIGHT'S POKER GAME
Yates/Casson
5-2

Bizarrotrip

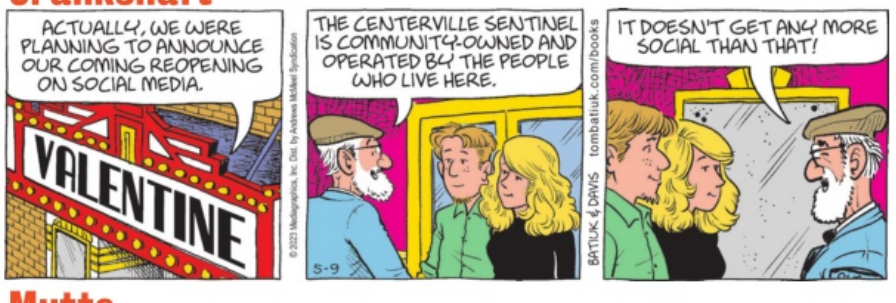
He might have survived if not for the damned horses.
Wayno & Piraro 5-12-23
©2023 BIZARRO STUDIOS
BIZARRO.COM Dist. by King Features

Diamond Lil

Hart of the city

I DON'T THINK YOU'RE AS athletic AS YOU THINK YOU ARE. I HAVE GYM WITH YOU, SO I WOULD KNOW.
YOU'RE NOT ANY BETTER! YOU RUN INTO DODGEBALLS SO YOU CAN GET BENCHED!
I'M MERELY WORKING SMARTER, NOT HARDER.
HEART OF THE CITY © 2023 ANDREWS MCMEEL
GOCOMICS.COM/HEARTOFTHECITY

Crankshaft


ACTUALLY, WE WERE PLANNING TO ANNOUNCE OUR COMING REOPENING ON SOCIAL MEDIA.
VALENTINE
THE CENTERVILLE SENTINEL IS COMMUNITY-OWNED AND OPERATED BY THE PEOPLE WHO LIVE HERE.
IT DOESN'T GET ANY MORE SOCIAL THAN THAT!
5-9
BATIUK & DAVIS tombatiuk.com/books

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may enjoy with your family. You may spend some romantic moments with your spouse, which may boost understanding. You may likely spend money buying some artifacts or household stuff to renovate your house. You may enjoy parties and events. You are advised to read documents carefully before making any investments in fixed assets.

Taurus Apr 21 – May 20
Today, you may feel happy and energetic. You may explore and analyse yourself, which may give you confidence, and you might be able to face any type of challenges, making you fearless and courageous. You are advised to keep patience when making financial decisions in business. Lovebirds may enjoy their happy moments.

Gemini May 21 – Jun 21
Today is a good day for you. Your enthusiasm may be at its peak, so you need to regulate it. Self-analysis may help you gain confidence, increasing your prestige in society. You will resolve many problems with the help of communication skills. Investors are advised to avoid speculation before making investments. You may also plan for higher studies for a good career.

Cancer Jun 22 – July 23
Today, you may not be able to enjoy your work life as well as family life. You are advised to avoid arrogance and ego with your spouse; otherwise, it may affect your emotional bonding. Problems in partnerships may likely be resolved. Singles are advised not to hurry when making decisions related to marriage. With patience, you may come out of the messy situation.

Leo Jul 24 – Aug 23
Today, you are blessed by the moon and Mars. You may be enthusiastic and likely to start some new innovations in the business, which may grow your business in the near future. You may plan some renovations in the house and office with the help of your creativity. Your network may become strong now.

Virgo Aug 24 – Sep 23
Today, you may be busy with family matters. You will likely hear some good news from your family members. You may also be busy with kids, planning for their academics, and their health may likely be under control. You are advised to be polite with the people around you; otherwise, you may face some harsh arguments.

Libra Sep 24 – Oct 22
Today, you may be happier and have internal vitality that boosts your self-confidence. You are advised to avoid delay in making decisions regarding finance, profession, and academics. Sometimes, you may face self-respect issues with your spouse; you are advised to keep patience, which may help maintain domestic harmony. Love birds may go on short trips.

Scorpio Oct 23 – Nov 22
Today is not a good day for you. You may feel dull and dissatisfied every moment, and you may be a victim of conspiracy. You are advised to be careful regarding hidden enemies and opponents. Avoid harsh speaking, or you may face some litigation. You should avoid making investments in risky assets.

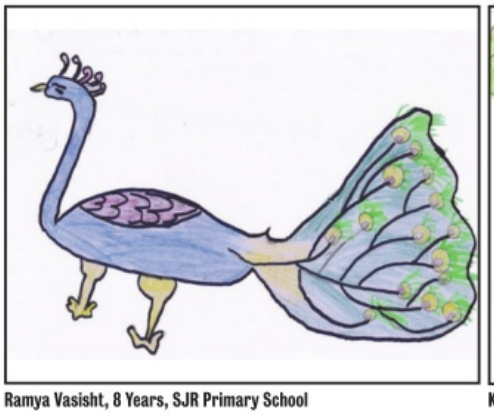
Sagittarius Nov 23 – Dec 22
Today, you may become happy and enthusiastic. You may start a new partnership, which may help you grow your business. Your seniors may appreciate your dedication towards work, and you may likely get a promotion in your current job. You may also receive incentives and rewards. Job seekers can expect to get a new job. Singles may likely find their soulmate with the help of relatives.

Capricorn Dec 23 – Jan 20
Today, you may be busy at work, and your focus towards your goal may be tested many times. Your patience may help you achieve your goals on time. Your dedication to work may be tested, and you may likely get some rewards as a result of hard work. You may also make investments in fixed assets.

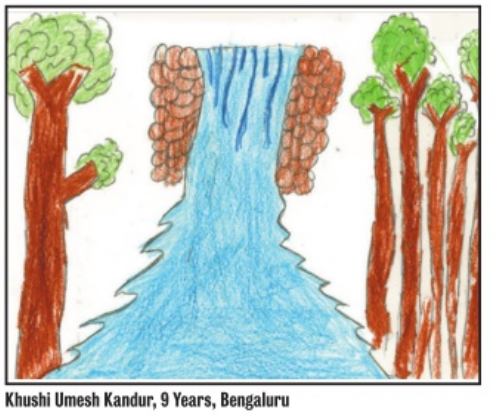
Aquarius Jan 21 – Feb 19
Today, your destiny may help you achieve success in an easy way. You may likely visit some religious places to seek peace of mind. Spend your time earning some intellectual or occult knowledge. Students may do better in their studies. Singles will likely find a good match. Love birds may make some important decisions regarding marriage.

Pisces Feb 20 – Mar 20
Today, you may feel dull, so it is advised to be careful of opponents and rivals. Avoid making arguments with seniors. Postpone investments in fixed assets for a while, as they might convert into dead investments. Love birds are advised to avoid discussions on worthless topics to maintain harmony in the relationship.

KIDZONE



Ramya Vasisht, 8 Years, SJR Primary School



Khushi Umesh Kandur, 9 Years, Bengaluru

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru- 560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
10/-10(-13)=(-1)(-13)=13

RIDDLER
"Great Job You Got It" This type of code is known as a Caesar Box (Julius Caesar was the first to write codes this way.) To decipher the message, simply divide the code into four groups of four. (you can also divide them into groups such as 5 groups of 5 or 6 groups of 6 depending on the number of letters in the phrase), and rearrange them vertically like this... GTYO RJOT EOUI ABGT Then you read vertically column by column.

QUOTE UNCODE
We forfeit three-fourths of ourselves in order to be like other people.

FAST FIVE

G	A	M	B	A
A	G	A	R	S
S	A	G	O	S
S	M	I	T	E
Y	A	C	H	T

STRIKE OUT

E	I	R	E		V	E	H	E	M	E	N	T		

QUICK

MENSA PUZZLE
8; it has lateral symmetry, in other words if the square was cut from top to bottom down the middle, the two halves (left and right) would be identical.

BULL'S EYE epic, inept, inept, INSPECT, instep, step, pectin, pest, pine, pint, septic, snip, snipe, spent, spice, spin, spine, spit, spite,

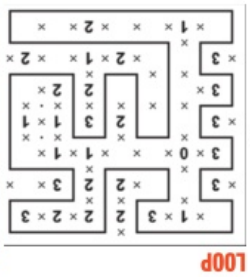
SUDOKU

4	2	7	5	6	8	9	3	1
9	3	5	2	7	1	6	4	8
1	6	8	4	3	9	2	7	5
6	8	4	9	2	5	7	1	3
2	9	1	3	8	7	4	5	6
5	7	3	1	4	6	8	9	2
7	1	9	6	5	2	3	8	4
8	4	2	7	1	3	5	6	9
3	5	6	8	9	4	1	2	7

ALPHA TRIANGLE
8, Bu, Bus, Hubs, Brush, Hubris, Rubbish.

GO FIGURE
Easy
7 + 7 – 4 + 7 = 17
Medium
5 x 3 – 7 + 4 = 12
Hard
7 + 8 – 5 + 2 = 12

LOOP



KAKURO

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 # Madonna back after health scare
'Queen of Pop' Madonna is back on social media since her health scare, and was seen looking fresh-faced and happy in an Instagram post

BangaloreMirror | 12
Thursday, July 20, 2023
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Behind every successful woman...

Is a completely secure man, Genelia would have us believe

Genelia D'souza Deshmukh is one power house actress, having worked in Telugu, Hindi, Kannada, Malayalam and Tamil films. She took a break from acting after marrying long time boyfriend Riteish Deshmukh . The couple have two sons Riaan and Rahyl. Last year, Genelia returned to acting with Marathi film 'Ved', which broke all box office records in Marathi Cinema, she will now be seen in a Hindi film Trial Period.

During a recent conversation, Genelia revealed that it was Riteish who pushed her to take up acting again as it is her first love. She added that she had gotten too comfortable being at home and being with her sons. The actress also highlighted the fact that Riteish has been an amazing husband and is a very secure man. Praising Riteish, Genelia stated that the value of a man is seen when he is secure and when a woman's success doesn't bother him. She also shared that when she goes to work, Riteish becomes the homemaker.

Genelia wants her two sons to be exactly like her husband, who handles a lot of work and at the same time he is a very involved father and is not the kind of parent who comes home only after his kids have gone to sleep.

—ETimes

Bitter medicine

MADHURA KAAVYA
2.5 RATING ★★½☆☆
- **DIRECTOR** Madhusudhan Kyathanahalli
- **ACTORS** Madhusudhan Kyathanahalli, Yashoda Gowda
- **CERTIFICATION** U/A
- **Duration** 135 minutes

Madhusudhan Kyathanahalli, a real-life Ayurvedic doctor, takes on multiple responsibilities in "Madhura Kaavya," including the lead role, direction, and producing the movie. Through this film, Madhusudhan endeavours to shed light on the plight of Ayurvedic doctors and how the medical mafia jeopardises both the health of patients and the reputation of practitioners like him. Though a debutant in Sandalwood, Madhusudhan strives to make an impact with his presence.

The story follows Yashoda (Yashoda) and Maaveera (Madhusudhan), two respected Ayurvedic doctors known for their altruistic service of providing free treatment to patients. This endeavour puts them at odds with the medical mafia led by the corrupt Health Minister, Madesha (Nachappa), who operates a hospital. The medical mafia, seeking to eliminate the threat posed by Yashoda and Maaveera, falsely implicates them in the death of two senior citizens during a medical camp organised by the duo. Consequently, the District Medical Health Officer prohibits Yashoda and Maaveera from treating patients, and the police file a complaint against them.

Meanwhile, the police become aware of patients disappearing from hospitals and villages, only to be found later being treated in the forest by a group of individuals. Additionally, a group of Naxals kidnaps the Health Minister, the District Health Officer, and a police officer. The plot unfolds, revealing the fate of Yashoda and Maaveera amid these chaotic events, forming the essence of the film.

As for the performances, Madhusudhan delivers a commendable act, despite also being the director and producer. He maintains a natural appearance and refrains from overshadowing others. But, there is room for improvement in his emotional scenes. It's noteworthy that there is no female lead. Nachappa shines in his portrayal of a corrupt Health Minister. Cinematographers Uday Bhaskar and Lakshmi deserve praise for capturing the picturesque greenery of Mandya, adding to the film's visual appeal.

One drawback of the movie is its weak screenplay. The director should have ensured a more concise and coherent narrative.

Overall, it is a worthwhile watch to understand the challenges Ayurveda faces.

—Y Maheswara Reddy

Cool new look

Actor Vicky Kaushal on Wednesday gave fans a glimpse of his full-grown new beard look on social media.

Taking to Instagram stories, Vicky shared the mesmerising beach video with his fans but what caught their attention was the actor's beard look.

Dressed in a casual grey t-shirt that he paired with black shorts and a matching cap.

Walking in the sand near the beach, enjoying the fresh breeze and listing to his favourite music. This is how Vicky's Wednesday looks like.

Recently, Vicky to celebrate his wife and Katrina Kaif's birthday jetted off to an undisclosed romantic location.

On July 16, Katrina turned a year older. Marking her special day, Vicky shared a series of pictures from their undisclosed romantic vacation and wrote, "In awe of your magic… everyday. Happy Birthday my love!"

—ANI

Precious miss

The makers of the Deepika Padukone, Prabhas and Amitabh Bachchan starrer, which has been tentatively titled Project K, are planning a grand launch of the movie at San Diego Comic-Con.

While Kamal Haasan, Prabhas and Rana Daggubati landed in the US ahead of the grand event, reports are rife that Deepika might give it a miss. According to a report in IndiaToday.in, the actress will be missing out on the launch owing to the ongoing actors' strike in Hollywood.

The SAG-AFTRA (Screen Actors Guild – American Federation of Television and Radio Artists) have joined Writers Guild of America members to protest against the labour laws and Deepika is a part of SAG-AFTRA. The report added that according to the union heading the SAG-AFTRA protest, actors who are a member of the committee are not allowed to promote or offer publicity support for any event. So Deepika will not be there to promote her film in San Diego Comic-Con.

The makers recently dropped the first look of the actress from the film. She is seen sporting a fierce look in the poster of her Telugu debut film. The look received mixed response. This is the first time Deepika and Prabhas are coming together for a project and is one of the most anticipated projects. —ETimes

Star behind a cause

Actor Bhumi Pednekar has announced that she will launch a non-profit foundation that will help empower "those who have dedicated their lives to protect earth and our country". The actor made the announcement on the occasion of her 34th birthday.

The organisation, called The Bhumi Foundation, will be launched in the coming months, a press release stated.

"Actual change can only happen when we start taking accountability for our actions and step forward to do right by society and humanity at large. I want to do right by my planet and try to leave a better one for the future generations. I resolve to do so through my non-profit organisation - The Bhumi Foundation which will be launched in the next couple of months. I would be humbled if The Foundation could play a role in saving the environment by empowering those who have dedicated their lives to protect earth," she said. — ANI